

# GLOBAL CITRUS SCAN (28/2010)

John Edmonds (27 August 2010)

Citrus Growers Association (CGA)

|                                       |                  |                  |                  |
|---------------------------------------|------------------|------------------|------------------|
| <b>Current Exchange Rate at 15:00</b> | <b>R/\$ 7.36</b> | <b>R/€ 9.37</b>  | <b>R/£ 11.40</b> |
| <b>Last Week:</b>                     | <b>R/\$ 7.26</b> | <b>R/€ 9.32</b>  | <b>R/£ 11.33</b> |
| <b>Last Year:</b>                     | <b>R/\$ 7.82</b> | <b>R/€ 11.17</b> | <b>R/£ 12.74</b> |

## Early end to Argentina's lemon season

The Argentinean lemon season is closing earlier than usual, with a dip in production due to a combination of frost and drought. "The decline in volumes has been tempered by strengthening prices," said Roberto Sanchez Loria, president of the Tucuman citrus association, ATC. "So we can't really say this has been a bad season..."

[FPJ; 13 August 2010]

## The Grapefruit is a wonder fruit

Grapefruits are a popular citrus fruit enjoyed by millions of people and are often eaten regularly as a breakfast staple as well as a popular snack. What many may not be aware of is that grapefruits are also one of the most highly regarded fruits when it comes to healthy nutrients and health benefits. Grapefruits contains powerful antioxidants and valuable nutrients, such as Vitamins C, A, K, D, and B complex. Other important nutrients contained in grapefruits are potassium, folic acid, calcium, phytonutrients and phosphorus. Consuming grapefruits on a regular basis boosts the immune system and helps prevent colds. Additionally, grapefruit juice is effective in healing sore throats, eliminating coughs, and reducing fevers. Grapefruits are also instrumental in increasing the body's alkalinity and reducing acidity, and in preventing or treating various diseases. Grapefruits additional benefits include:

\*Promoting proper functioning of the digestive system...Controlling blood pressure...Lowering cholesterol...Helps to control blood sugar levels...Alleviates fatigue...Relieves insomnia...Daily consumption of grapefruits seems to relieve inflammation caused by inflammatory disorders such as rheumatoid arthritis and lupus...grapefruits contain fat burning enzymes that are instrumental in promoting weight loss...It should be noted, however, that grapefruits do interact with certain medications which may cause potentially dangerous side effects. This is due to the fact that they interfere in the absorption of certain medications. Therefore, if taking medications, consult a qualified health professional before consuming grapefruits or grapefruit extracts.

[naturalnews.com; 18 August 2010]

## India ranks 5th in the global citrus fruit annual output

In 2009 global trade for citrus fruits reached 8.94 million tones. Approximately 11% of production is involved in foreign trade. In 2010 Brazil and Florida (USA), the major orange juice suppliers are suffered from short crops of citrus. That may cause significant price rise for orange juice. Oranges covered 37% of global import, mandarins – 31%, lemons – 21%. Grapefruits and other citrus fruit are 9%. India ranks fifth in global citrus fruit production. Citrus fruits occupy 10% of the total area under all fruit crops in India ... with a production of 7503,000 tones and a productivity of 9.26 t/ha...Almost all amount produced in the country is used for domestic consumption. Furthermore, India is an importer of citrus processed products. In 2009 the trade balance for orange, grapefruit and lemon juice remained negative. India imports juice from Pakistan, Brazil, Germany, and Israel. India is a homeland for lemons and till nowadays the country is the biggest producer of lemons and limes. In 2008 India produced 2.429 million tons of lemons and limes. That accounts for 18% in global lemons output.

[marketpublishers.com; 25August 2010]

## Citrus prices on FreshPlaza.com and AGF.nl

Please click on the link below to display these prices which are average Free on Truck prices in Euros recorded in the Dutch fresh produce market and can be taken as an indication for the European situation.

[http://www.freshplaza.com/price-watch/archief/2010/citrus\\_week33-10.pdf](http://www.freshplaza.com/price-watch/archief/2010/citrus_week33-10.pdf)

**If you need more information on any of these issues, or if there is anything else that CGA can assist with, please contact us at 031 7652514, or [johne@cga.co.za](mailto:johne@cga.co.za)**

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